



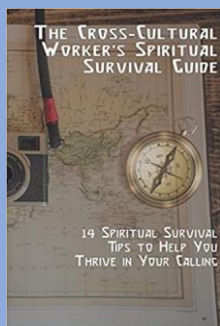
Don & Kathy Mingo

Missionary to Missionary Care

May 2021 Update

Colorado, Wyoming, & Missouri

After presenting our ministry -M2MCare- in two churches, and speaking with several pastors, we headed to Springfield, Missouri. During Fellowship Week, we met dozens of missionaries. We busied ourselves attending meetings, **but more importantly we scheduled many sessions with missionaries seeking time with us.**



The Clarity Podcast:

This month Aaron Santmyre of The Clarity Podcast interviewed me about my newest book, *The Cross-cultural Worker's Spiritual Survival Guide*. Listen Notes ranks **The Clarity Podcast in the top 5% podcasts** in the world among 2.4 million other podcasts.



Having struggled this past year with weakness and muscle loss in both my arms, I landed in the **UT South West Medical Center** at Dallas-Fort Worth. After seeing a neurologist, Muscular Neurologist, and rheumatologist along with MRI's, extensive blood work, and an EMG, they diagnosed me with **Facioscapulohumeral muscular dystrophy** or FSHD. **There is no cure or treatment for this muscle wasting atrophying disease which leaves me unable to pick up my grandchildren.** The good news is I was diagnosed late in life -63 years- so there is hope that less deletion of my muscles will occur in this often, not always, slow-moving disease. As we grapple with this newest reality of our lives, I choose to celebrate every day as my best, for the next will see more loss and weakness. It also gives me opportunity to live 2 Corinthians 12:9-10. ***For when I am weak, Christ is strongest in me.***

May 2021 Update from Don & Kathy Mingo

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Find us on Facebook: Missionary to Missionary Care

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